

RCNC presents "RESILIENCE"

in partnership with City of Raleigh Substance Use Advisory Committee

About the Film: Resilience: The Biology of Stress & The Science of Hope (documentary)

Researchers have recently discovered a dangerous biological syndrome caused by abuse and neglect during childhood. As the new documentary Resilience reveals, toxic stress can trigger hormones that wreak havoc on the brains and bodies of children, putting them at a greater risk for disease, homelessness, prison time, and early death. While the broader impacts of poverty worsen the risk, no segment of society is immune. Resilience, however, also chronicles the dawn of a movement that is determined to fight back. Trailblazers in pediatrics, education, and social welfare are using cutting-edge science and field-tested therapies to protect children from the insidious effects of toxic stress—and the dark legacy of a childhood that no child would choose.

The linkage between ACE's and trauma and substance abuse disorders is compelling. Evidence shows that trauma truly is the "gateway drug" to addictions and addressing this can help individuals to find lasting recovery.

January 23rd 6 - 8:30 PM



Admission is free, all our welcome!



Hosted at
RCNC's Recovery
Community Center

824 North Bloodworth Avenue
Raleigh, NC 27604



www.RCNC.org

RCNC

Recovery Communities of North Carolina.

Promoting recovery from substance use disorder and
maintaining health, in the community and statewide.