



The Capital Area Rally for Recovery is an annual event to celebrate recovery and offer hope to anyone seeking or in need of recovery from Substance Use Disorder. We welcome everyone in the community to join us in our efforts to recognize and promote the wellness recovery brings.

People in recovery from substance use disorder, their families, friends and allies will be coming together from across the Greater Triangle Area on Saturday, September 8, 2018 at Mordecai Historical Park in Raleigh, NC to celebrate recovery as part of National Recovery Month.

This event is being held to raise the profile of recovery by demonstrating to our friends and neighbors, communities, policy makers and the media that we can and do recover from substance use disorder and that when we get well, it benefits our families, communities and nation.



Don't you miss the 6th Annual Rally4Recovery



Recovery Communities of North Carolina
5245 Capital Blvd., Raleigh, NC 27616
919-231-0248

For information email:
rally4recovery@rcnc.org

**Capital Area Rally
for Recovery**

**September 8, 2018
10am – 2pm**

**Mordecai Historic
Park
1 Mimosa St,
Raleigh 27604**

Many Pathways and One Destination

Recovery is a process of change that permits an individual to make healthy choices and improve the quality of his or her life.

Why a Rally for Recovery?

HOW CAN I HELP?

- PARTICIPATE IN PLANNING RALLY.
 - CONTRIBUTE FINANCIALLY
 - JOIN US FOR THE WALK FOR RECOVERY
 - BECOME A COMMUNITY PARTNER
 - VOLUNTEER AT THE EVENT.
- Raise the profile of recovery
 - Increase understanding of the value of and contributions by persons in recovery to our family, friends, communities, policy makers and media. We can and do recover from alcohol and other drug problems and when we get well, it benefits our families, communities and nation.
 - By doing so we hope to:
 - Remove barriers to recovery for those still suffering from substance use disorders
 - Improve the quality of life of those recovering from substance use disorders
 - To focus on recovery, not a particular pathway or style
 - All pathways and styles of recovery are cause for celebration
 - Make this annual rally for recovery event held in Wake County the greatest yet as we battle substance use disorders



*Promoting addiction recovery, wellness and citizenship
through advocacy, education and support*



HOW MANY PEOPLE ARE IN RECOVERY?

Over 23 million people are in Recovery. Everybody knows someone in recovery from a substance use disorder. However, most people don't know that they know someone in recovery.

TRANSFORMED LIVES

Come celebrate with us the lives that have been transformed through recovery.

WHAT WILL BE AT THE RALLY?

Resources, fun events, speakers, food, prizes, recovery walk, activities for the children, music, dancing and more

