



RCNC | Recovery is for everyone

rcnc.org

There's been a lot of talk about addiction. At **Recovery Communities of NC**, we focus on recovery because we know recovery means improved health, relationships, living conditions, and purpose for our community members throughout their lifetimes. Here's why you should invest in us.

Recovery Coach. *n.* Highly trained community member who combines scientific knowledge with a peer-based recovery support model. Engages others at recovery initiation, through stabilization, and into recovery maintenance. Guide for multiple recovery paths. *Synonym.* **Hero.**

YOUR DONATION to RCNC TODAY has a transformational impact on members of your community

\$800 provides a person with 8 months of recovery-supported housing, preventing homelessness and creating a real chance for recovery stabilization.

\$500 funds dental assistance, which improves a person's health, employment & social opportunities in recovery.

\$250 provides a person with 10 peer coached sessions, creating the chance to make a well-informed recovery strategy.

\$100 funds essential clothing and hygiene supplies so that a person can recover with dignity.

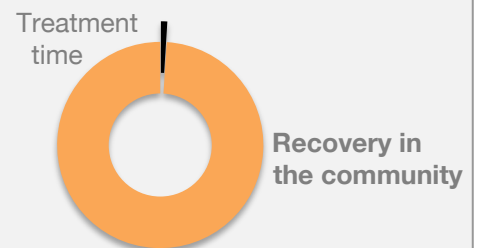
RCNC is a 501(c)(3) statewide NC nonprofit. Visit us at rcnc.org or call us at (919) 231-0248.

Why Focus on Recovery?

Only 10% of people needing addiction treatment get it and it is often too brief. For them & for those with no treatment, community is the answer. **Please support RCNC now.**

**Recovery is for everyone.
Recovery is forever.**

For a 25 year old who gets 6 months of treatment & lives to 75, treatment is a just a moment in time. **The rest of life is recovery.**



RCNC started as a grassroots effort.

Addiction touches all of us.
Recovery should too.
Parents. Children. Teachers.
Caregivers. Volunteers. Doctors.
Employers. Employees.
You. Me. Everyone.

At RCNC you can find ...

- Recovery Coach Academy
- Recovery Messaging Training
- Peer Support Supervision Training
- Mind-Body Skill Building Therapies
- Stigma Reduction Training
- Appreciative Inquiry-Based Organizational Assessment and Capacity Building
- The Advocacy Playbook: Learning to Become a Champion Advocate
- Strategic Planning
- Visioning and Listening Sessions
- Recovery Video Book Club
- Screenings and Discussions of Recovery Documentaries
- Know Your Opioids
- National Recovery Month Celebration and Recovery Events
- Mutual Aid Groups
- Family Education and Support
- Advocacy and Referrals

Community means all of us.
We're here for you.
We need you.



Please donate now!

Online at rcnc.org

By check: RCNC
5425 Capital Blvd.
Raleigh NC 27616

Or call (919) 231-0248

RCNC is a 501(c)(3) NC nonprofit.
We have a statewide reach.
And we're still growing. Grow with us!

Who can participate?

People in or seeking recovery. Families.
Professionals. And you. **The entire community.**

*Multiple recovery paths.
One size does not fit all.*

For people with opioid use disorder,
it can be hard to find support that welcomes
and understands medication-assisted recovery.

RCNC fills that gap with an inclusive
meeting serving **50 people** weekly.

Nearly 4 people in NC die each day,
on average, from opioid overdoses.

**Just one of the ways RCNC saves lives.
Donate today. Help us do more.**

Dear Community Members,

**The members of the Board of Directors
contribute financially to RCNC ourselves
because we see results.**

The team, led by Dr. Rita Anita Linger, works tirelessly
to ensure that everyone is welcome and supported,
from the person who walks through our door to the
emerging groups across the state
who request our assistance as they organize.

Recovery, education, and advocacy are happening
everyday at RCNC. Please join us today!

**With best regards and
sincere gratitude for your support,**

Karen

**Karen Kranbuehl, JD, MSW, person in recovery
Chair of the RCNC Board of Directors**