



RESOURCE DIRECTORY - 10/2020

EMERGENCY SERVICES

Suicide Prevention: 800-273-8255

Homeless Hotline: 919-245-2655

Hope4NC Crisis Line: 855-587-3463

IFC Food Bank: 919-929-6380

Rape Crisis Center: (919) -968-4647
1506 E Franklin St #200, Chapel Hill, NC 27514

<https://ocrcc.org/>

PEER-BASED SUPPORT

AA

12 step recovery program for anyone struggling with alcohol use.

Orange/Chatham/Alamance
(919) 783-6144

<https://www.aanc33.org/>

Durham

(919) 286-9499

<http://www.aanc32.org/>

Al-Anon/Alateen

Mutual support program for people whose lives have been affected by someone else's drinking.

(800) 243-4035

<http://www.alanonalateen6nc.org/public/meeting%20list.php?index.html>

Alcohol/Drug Council of NC
800.688.4232

Substance misuse prevention, treatment, and resourcing
<https://www.alcoholdrughelp.org/>

Celebrate Recovery

It is a Christ centered, 12 step recovery program for anyone struggling with hurt, pain or addiction of any kind.

<https://www.celebraterecovery.com/>

North Carolina Families United

Family support and advocacy organization that links families to local and statewide services

336-395-8828

<https://www.ncfamiliesunited.org/>

UNC Student Wellness

ALL possible wellness resource hub for services for UNC students.

(919) 962-9355

<https://studentwellness.unc.edu/>

Penny Lane Farms

A respite with therapeutic programs and activities for individuals with severe and persistent mental illness.

(919) 445-0665

<https://www.med.unc.edu/psych/cecmh/recovery-rehabilitation/the-farm-at-penny-lane/>

NA - Orange

12 step recovery program for anyone struggling with substance use.

919-831-5321

<https://ncregion-na.org/our-primary-purpose/>

Triangle Smart Recovery

The SMART approach is secular and science-based, using cognitive behavioral therapy and non-confrontational motivational methods

<https://trianglesmartrecovery.org/>

Recovery Communities of North Carolina

Addiction recovery, wellness and citizenship through advocacy, education and support.

919-231-0248

<https://www.rcnc.org/>

Recovery Community of Durham

Promotes recovery, wellness and citizenship through advocacy, education and support in Durham, North Carolina.

919-641-9988

<https://www.recoverycommunityofdurham.org/>



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FIT Program (Durham County)

The Formerly Incarcerated Transition (FIT) Program aims to connect all formerly incarcerated individuals who have a chronic disease with a primary care provider and a comprehensive reentry plan. 919-672-8929

<https://www.dcopublichealth.org/services/nutrition/fit-program>

Movement of Youth

Quality mentoring relationships for North Carolina's young people while working to address the systemic barriers that they face on a daily basis.

(800) 956-3820

<https://mentornc.org/>

El Centro Hispano

Non-profit organization dedicated to strengthening the community, building bridges and advocating for equity and inclusion for Hispanics/Latinos in the Triangle area of North Carolina.

(919) 945-0132 (CH)

(919) 687-4635 (Durham)

(984) 208-2158 (Raleigh)

<https://elcentronc.org/>

Music Over Mind

Music Over Mind, Inc. (M.O.M.) is a private non-profit organization dedicated to the betterment of mental health through the sublime medium of music.

984-999-5220

<http://momoutreach.org/>

COMMUNITY RESOURCE

El Futuro

Outpatient clinic that provides comprehensive mental health and substance use services for Latino

**2020 Chapel Hill Rd #23,
Durham, NC 27707**

(919) 688-7101

<https://elfuturo-nc.org/>

NC Families United

Link families to State and community partners for the purpose of improving the lives of children, youth, and families with emotional, behavioral, or mental health needs

**795 Boone Station Dr,
Burlington, NC 27215**

(336) 395-8828

<https://www.ncfamiliesunited.org/>

Partners for Youth Opportunity

Mentoring/Resourcing Durham youth to access the educational, economic, and social assets to experience a self-determined and sustainable life.

(919) 536-4230

<https://pyopportunity.org/>

Refugee Community Partnership (RCP)

Address immediate needs-like finding employment or housing- while working toward long-term goals, like going to college or buying a car.

(919) 590-5910

<https://refugeecommunitypartnership.org/>

Boomerang

Mentoring/Resourcing: provide youth with the support they need in times of crisis and beyond, to manage their challenges, cope with adversity and become resilient, independent young people.

825a, N Estes Dr, Chapel Hill, NC 27514

(919) 968-2146

<https://boomerangyouth.org/>

Boys and Girls Club (Orng &

Camps and clubs that inspire and enable young people to reach their potential as productive, caring, and responsible citizens. Drhm)

1010 Martin Luther King Jr Pkwy, Durham, NC 27713

(919) 687-4517

<https://www.bgcdoc.org/>

Wounded Healers

Reintegrative support for formerly incarcerated men

919-260-7835

InterFaith Council (IFC)

Housing, Food, and Financial insecurity support

(919) 929-6380

www.ifcweb.org



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Alliance Health Plan

Alliance **does not provide services**, but instead manages mental health, substance use, and intellectual/developmental disability services for children and adults through a large network of private providers.

**5200 Paramount Parkway,
Suite 200 Morrisville, NC
27560**

(919) 651-8401

<https://www.alliancehealthplan.org/>

Cardinal Innovations

Crisis Counseling and General Information. Cardinal helps people with complex needs who receive Medicaid, or who might not have insurance, access services and supports in their communities.

800-939-5911

<https://www.cardinalinnovations.org/>

CEF (Chapel Hill)

Financial & Resourcing Support
919-200-0233

<https://communityempowermentfund.org/>

CEF (Durham)

Financial & Resourcing Support
919-797-9233

<https://communityempowermentfund.org/>

Catholic Charities (Durham)

Food insecurity and counseling
**2020 Chapel Hill Rd., Suite 30
Durham, NC 27707**

(919) 286-1964

<https://www.catholiccharitiesraleigh.org/>

Catholic Charities (Wake)

Food insecurity and counseling
**3000 Highwoods Blvd. Suite
128 Raleigh, NC 27604**
919-790-8533

<https://www.catholiccharitiesraleigh.org/>

Catholic Charities (Alamance)

Food insecurity and counseling
**328 W Davis St. Burlington,
NC 27215**

<https://www.catholiccharitiesraleigh.org/>

Dispute Settlement Center

Mediation and Restorative Practices

**302 W Weaver St # A,
Carrboro, NC 27510**

(919) 929-8800

<http://www.disputesettlement.org/>

El Centro Hispano (Durham)

Strengthening the community, building bridges and advocating for equity and inclusion for Hispanics/Latinos in the Triangle Area of North Carolina in – Education – Economic Development – Health & Well-being – Community Engagement & Advocacy

[2000 Chapel Hill Road, Suite 26A, Durham, NC, 27707](https://www.elcentronc.org/)

(919) 687-4635

<https://www.elcentronc.org/>

El Centro Hispano (Wake)

Strengthening the community, building bridges and advocating for equity and inclusion for Hispanics/Latinos in the Triangle Area of North Carolina in – Education – Economic Development – Health &

Well-being – Community Engagement & Advocacy

**421 Chapanoke Rd, Suite 156,
Raleigh, NC 27603**

(984) 208-2158

<https://elcentronc.org/>

El Centro Hispano (Orange)

Strengthening the community, building bridges and advocating for equity and inclusion for Hispanics/Latinos in the Triangle Area of North Carolina in – Education – Economic

Development – Health & Well-being – Community Engagement & Advocacy

**201 West Weaver Street
Carrboro, NC 27510**

(919) 945-0132

<https://elcentronc.org/>

Carrboro Community Health Center, Piedmont Health Services

High-quality, affordable, and comprehensive primary health care.

**301 Lloyd St, Carrboro, NC
27510**

(919) 942-8741

<https://www.piedmonthalth.org>

THERAPEUTIC SERVICES

Grow Well

Mindfulness- and compassion-oriented therapeutic support, as well as non-dieting approaches to healthy eating and lifestyle habit change.

125 Kingston Dr #107, Chapel Hill, NC 27514

919-551-3173

<http://growwellnc.com/teamember/jen-snider-msw-lcsw/>



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Carolina Outreach

Therapy and resourcing for teens and adults.

844-866-1166

<https://carolinaoutreach.com/>

Youth Villages

Residential and In-home treatment and Crisis Care and Support

1822 E, NC-54 #300, Durham, NC 27713

(919) 474-6400

<https://www.youthvillages.org>

Art Therapy Institute

Strengths-based, culturally responsive art therapy that supports well-being and mental health in our community.

200 N Greensboro St, Carrboro, NC 27510

(919) 381-6068

<http://www.ncati.org/home>

Freedom House Recovery Center - Durham

Crisis, Residential, in-patient, out-patient, Clinical Assessments...and more.

400-D Crutchfield St, Durham, NC 27704

(919) 251-8806

<https://freedomhouserecovery.org/>

Freedom House Recovery Center - Chapel Hill

Crisis, Residential, in-patient, out-patient, Clinical Assessments...and more.

104 New Stateside Dr, Chapel Hill, NC 27516

919-942-2803

<https://freedomhouserecovery.org/>

Duke Addictions Program and Family Care Program

902 Broad Street, Durham, NC 27705

919-684-0100

<https://psychiatry.duke.edu/new/s/family-care-program>

Duke Medical Center Outpatient Substance Abuse Services

(919) 684-3851

Center for Child and Family Health (Healthy Families of Durham)

Child/Family Therapy

1121 W. Chapel Hill Street, Ste. 100 Durham, NC 27701

(919) 419-3474

<https://www.ccfhnc.org/about-ccfh/>

Insight Human Services

Substance Use Prevention, Intervention, Treatment

665 W 4th St, Winston-Salem, NC 27101

(336) 725-8389

<https://insightnc.org/>

Josh's Hope Foundation

Serves residents of Central North Carolina, ages 18-35 who live with mental health conditions and/or struggle with a substance disorder.

Provides vocational skills, life skills, and therapeutic supports customized to meet the needs of participants.

PO Box 71749, Durham, NC 27722

919-245-0072

<https://www.joshshopefoundation.org/>

Pinnacle Family Services

Family Centered Therapy and Therapeutic Foster Care

3117 Poplarwood Court, Suite 350

(919) 790-8580

<https://pinnaclefamilyservices.com/>

UNC Alcohol and Substance Abuse Program (ASAP)

Addiction Treatment

984-974-6320; alt.

888-457-7457

https://www.uncmedicalcenter.org/uncmc/hospitals-locations/profile/unc-alcohol-and-substance-abuse-program-asap/?_ga=2.210307925.1325340975.1600791415-1669260246.160791415

UNC Dept. of Psychiatry

101 Manning Dr., Chapel Hill, NC 27599

(919) 966-5217

UNC Outreach and Support Intervention Services (OASIS)

Mental Health Counseling

<https://www.rexhealth.com/rh/hospitals-locations/profile/unc-outreach-and-support-intervention-services-oasis-clinic/>

UNC Psychiatry (walk-in clinic)

919-966-2166

UNC Psychiatry (Mental Health)

919-966-5217

UNC Psychiatry (Substance Abuse)

919-966-6039



REINTEGRATION
SUPPORT
NETWORK

Recovery
Communities
of North Carolina

RCNC

Dr. Rita Anita Linger Executive Director

IN PARTNERSHIP

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**UNC: CAPS - University
Counseling Service**
919-966-3658

Youth Villages

Residential and In-home
treatment and Crisis Care and
Support

1822 E, NC-54 #300, Durham,
NC 27713

919-474-6400

<https://www.youthvillages.org>

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