

# RECOVERY COACH ACADEMY VIRTUAL TRAINING!

FREE  WORKSHOP W/ REGISTRATION  
REGISTER:  [TCONYERS@RCNC.ORG](mailto:TCONYERS@RCNC.ORG)

## MONDAY, JUNE 28 - FRIDAY, JULY 2, 2021

### WHY THIS TRAINING?

Yes! RCNC has been approved by CCAR to facilitate a Recovery Coach Academy (RCA) online using a Zoom virtual platform.

RCA is an intensive training academy focusing on providing individuals with the skills needed to guide, mentor and support anyone who would like to enter into or sustain long-term recovery from an addiction to alcohol or other drugs.

Participants will be grouped at virtual tables and will bond with the community they will build within the group as well as their table mates.

### CERTIFICATION

Once you successfully complete the program, you will receive your certificate as a CCAR approved Recovery Coach.

The role of a Recovery Coach cannot be overstated. A Recovery Coach promotes recovery and removes barriers and obstacles to recovery, serving as a personal guide and mentor for people seeking or already in recovery from an addiction to alcohol and/or other drugs.

**\$850**  
VALUE

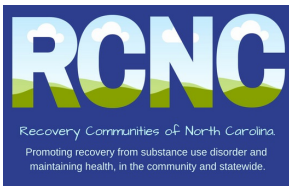
 **TRANSFORMED PEOPLE... ...TRANSFORM PEOPLE**

This training is FREE of charge, thanks in part to:



NC DEPARTMENT OF  
HEALTH AND  
HUMAN SERVICES  
Division of Mental Health,  
Developmental Disabilities  
and Substance Abuse Services





CCAR

RECOVERY COACH ACADEMY

is NCSAPPB approved for up to 30 hours SS & UNC Behavioral Health Springboard approved for additional hours of training required for PSS certification.

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REGISTRATION REQ'D

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**RCNC FACILITATOR**  
Brenda Monforti

is family, friend and ally to the recovery community. She is a Recovery Coach Academy (RCA) certified core trainer and Recovery Coach Professional (RCP)

through the Center for Addiction Recovery Training (CART) and NC Qualified Professional (QP) within the NC MH/DD/SAS system of care.

Her latest achievement has been completing the rigorous requirements established by NC Department of Military and Veteran Affairs and Duke University to become a Veteran Support Specialist (VSS).



## PARTICIPANTS WILL:

Describe Recovery Coach role and functions

List the components, core values and guiding principles of recovery

Build skills to enhance relationships

Explore many dimensions of recovery and recovery coaching

Discover attitudes about self-disclosure and sharing your story

Understand the stages of recovery

increase their awareness of culture, power and privilege

Experience recovery wellness

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